

'THE RISE' NEWS



FOR 2015



7th MAY, 2015

TERM CALENDAR

Fri.	8th May	'RAINBOW COLOURS' DRESS UP DAY- NEPAL FUNDRAISER GOLD COIN DONATION PLEASE
	12 th – 15 th May	<u>NAPLAN</u>
Mon. – Fri.	18 th – 22 nd May	<u>Education Week</u> GROUP TOUR 18th May—9.30am <u>Open Night 19th May</u> Book Fair 19 th & 20 th May Open Morning 21st May
Thurs.	27th May	Yr 3/4 Werribee Zoo Excursion
Mon.	25th May	<u>Student Free Day</u>
Mon.	8 th Jun.	Queen's Birthday holiday.— NO SCHOOL
Fri.	26 th Jun.	Term two concludes – 2.30 dismissal.
Mon.	13 th July	<u>Term three commences</u>
Mon. – Thurs.	10 th – 13 th Aug.	5/6 Camp – Kangarooie
Wed. & Thurs.	9 th & 10 th Sep	<u>Musical</u> Rowville SC Performing Arts Centre
Fri.	18 th Sep.	<u>Term three concludes</u>
Mon.	5 th Oct.	Term four commences
Tues.	3 rd Nov.	Melbourne Cup Day
Fri.	18 th Dec.	Last day of 2015. Early dismissal 1.00pm.



Good Luck



Farewell Martina, Thank you and Good Luck!!

Martina Owen, our business manager at Albany Rise has recently been successful in gaining a position at a larger primary school in South - eastern region. We will be very sad to farewell Martina as she moves on in her career. Her talent, dedication and conscientious approach to the role have been her trademark. We will miss her a great deal.

We will have a short period when we have a relieving business manager. The position is advertised and we will make an announcement when it is filled.

An afternoon tea for Martina is being held in the school function room
on **Thursday, 14th May @ 3.45 pm**

Parents and staff are invited to attend.

Albany Rise Primary School Mission

Our mission at Albany Rise Primary School is to develop students who value learning throughout their lives, strive to achieve and are literate and numerate. We aim to produce confident and empathetic students who are global citizens equipped to succeed in the 21st century.

Enrol Now for Foundation (Prep) 2016
Tours available

Student Free Day

Last Wednesday our student free day was focused on the theme **'Developing high expectations for teaching and learning'**. During the day teachers considered our whole school explicit instructional model in relation to their classroom teaching, utilised the Victorian curriculum – AUSVELs, to plan explicit learning intentions and training was also provided in our new reporting package – 'Compass'. It was a huge day with lots of great work completed.

One activity during the day involved teachers articulating their high expectations for their students. These are a few of the statements prepared:

- ◆ Expecting every child to learn and make progress
- ◆ Students, staff and the community all being motivated to achieve at their highest level
- ◆ Working and behaving in a way you can be proud of always putting in your best effort
- ◆ High expectations means setting goals to achieve, motivate and explore at a high level of competency. Understanding and believing in yourself and the children we teach.
- ◆ Setting high standards for your class that will extend the class to reach a specific goal.
- ◆ Expecting every child to learn and make progress, building on where they are at and knowing and caring about every student.



Junior School Fundraiser – Nepal Earthquake Victims

Our Junior School Council has organised a special fundraiser for this Friday, 8th May. Children are able to wear 'rainbow colours' to school and bring along a gold coin donation to raise funds for Nepal.

Mothers' Day

We wish all of the mothers and special people in our community who are celebrating on Sunday a fabulous day. Enjoy the time with your families.

A big thank you to the Parent Association for their preparation and organisation of the Mothers' Day stall.



NAPLAN

The week beginning Monday 11th May is NAPLAN week across Australia. Please see the information below.

The National Assessment Program – Literacy and Numeracy (NAPLAN) is an annual assessment for students in Years 3, 5, 7 and 9. It has been an annual event for schools since 2008.

On Tuesday 12, Wednesday 13 and Thursday 14 May, students will undertake the 2015 NAPLAN tests.

NAPLAN is made up of tests in the four domains of Reading, Writing, Language Conventions (spelling, grammar and punctuation) and Numeracy.

NAPLAN assesses skills in literacy and numeracy that are developed over time, through the school curriculum. NAPLAN is not a pass or fail type test, but rather shows how individual students are progressing in numeracy and literacy skills against national standards for all Australia children.

All students are encouraged to participate in the tests. Students with disability may qualify for special provisions that reflect the support normally provided to them in the classroom.

An individual student NAPLAN report will be issued by the school later this year. Parents can use this information to monitor how their child is progressing and to identify any areas of concern.

Education Week 2015

May 17-23

Crack the code with maths

Monday, May 18th 9.30 - 10.45a.m.

Foundation (Prep) 2016 Parent Tour

Phone the office to book

Tuesday, 19th May

Open Night 7.00 - 8.00pm

Sausage Sizzle 6.00 - 6.30pm

Classroom visits, musical performances.



Lamont Book Fair in the Library



6.30 - 7.30pm

Community Displays - OSHClub, Commonwealth Bank, Monash Youth and Family Services

Thursday, 21st May

Open Morning

9.00 - 11.00

Classroom Circles, Paper Plane Competition, ICT - Scratch Program

followed by

Australia's Biggest Morning Tea

11.00 - 11.30 (Function room)

For individual Tours

Phone Belinda Jones

Ph: 9547 1146

Education Week 2015

Education Week is celebrated state wide during the week of 17th - 23rd May. Activities are currently being planned for this very special week to celebrate state education. Amongst the activities at Albany Rise there will be: an Open Evening, Lamont Book Fair, a group school tour, Australia's Biggest Morning Tea and an Open Morning. We will have a display at Waverley Gardens shopping centre and our choir will perform near Woolworths at 11.30am on Wednesday, 20th May.

If you know of anyone considering enrolling at Albany Rise for next year please let them know about our group school tour and Education Week activities.

Parent Forums

During term one we organised a few parent forums in our function room on Monday afternoons. We are keen to ensure that these forums are directed towards topics and areas of particular interest to parents. Please help us with your ideas by returning the slip below.

✂.....

PARENT FORUM SUGGESTIONS.

FAMILY NAME:.....

TOPIC SUGGESTION:.....

.....

ALBANY RISE PRIMARY SCHOOL

'RECIPE BOOK'

The Parent Association is keen to create a 'school recipe book' containing recipes from families across our school. We would love parents to send their favourite recipe for us to include in our book.

NOW WE ALL HAVE A FAVOURITE RECIPE ...SO PLEASE SEND YOURS TO
albany.rise.ps@edumail.vic.gov.au

OR drop a copy into the office.

All recipes will be acknowledged with the family name.



Please include 'recipe book' in the subject line of your e-mail and include your family name with the recipe. If your recipe is unique to your family background we'd love to know which country it's from as we hope to be able to group recipes according to countries represented at our school.

Thank you to the families who have sent along their favourite recipe for our book. Please keep them coming !!

Thank you in anticipation.
Parent Association
Albany Rise PS

ENROLMENTS FOR 2016

If you have friends or neighbours who are looking at enrolling their child in a school for 2016 please encourage them to visit us for a tour of the school. A convenient time can be organised by contacting the office.

We are now accepting enrolments for 2016. Any families who are intending to enrol for 2016 are encouraged to do so as early enrolment assists with our planning and provision.

Kind regards

Belinda Jones
Principal

jones.belinda.j@edumail.vic.gov.au

STUDENTS OF THE WEEKS

Prep A	Deng	Prep I	Chris	Prep 1/R	Jimmy
1/2 M	Ivanka	1/2 R	Connor	1/2 S	Ari
3/4 CM	Iona	3/4 PW	Suzannah , Kayleigh	3/4 T	Seneka, Thao
4/5 H	Daniel, Chloe	5 L	Kendal, Raveen		
6C	Ansh, Emily	6 JP	Isabella, Maddie		

Well Done!!!!



ALBANY RISE PRIMARY SCHOOL

Uniform Policy

RATIFIED BY SCHOOL COUNCIL: 22nd April 2015

REVIEW DATE: 2018

PURPOSE:

- 1.1 A uniform dress code reinforces in students a pride in their own appearance, instils recognition of themselves as an integral part of the school community, and assists in developing pride in representing their school.
- 1.2 Issues of equality, health and safety, and expense are also factors that contribute to the establishment of the Uniform Policy and Dress Code.

GUIDELINES:

- 2.1 School Council develops a Uniform Policy that we believe provides choice for the students, allows for students to safely engage in the many varied school activities, and caters for the financial constraints of families.
- 2.2 The Uniform Policy applies during school hours and when students are on school excursions.
- 2.3 Summer and winter uniforms will be prescribed, and are required to be worn.
- 2.4 Stud earrings and sleepers worn in the ears, and watches are the only acceptable jewellery, other than those pieces worn for cultural or religious purposes.
- 2.5 Extreme hair colours (eg: green, pink or purple rinses) and/or extreme hairstyles (eg: spikes or mohawks) are not encouraged.
- 2.6 Other than clear nail polish, cosmetics may not be worn at school.
- 2.7 The only headwear that is acceptable:
 - Sunsmart hats consistent with our Sunsmart policy. These must be worn outside in terms 1 & 4. Hats are not to be worn inside.
 - Specific headwear worn for religious beliefs, ethnic or cultural backgrounds.
 - Hair ties and head bands worn to keep hair orderly and hygienic.
- 2.8 Parents Association will offer good quality second hand uniforms for sale and will operate a uniform store for parents.
- 2.9 The student Uniform Policy, including details of uniform items and places of purchase, will be published in the parent information booklet distributed to new and enrolling parents.
- 2.10 Arrangements can be made to supply uniforms to families experiencing extreme financial hardship.
- 2.11 Parents seeking exemptions to the Dress Code due to exceptional circumstances (religious beliefs, ethnic or cultural background, student disability, health condition or economic hardship) may apply in writing to the Principal.

References:

<http://www.education.vic.gov.au/school/parents/primary/Pages/uniforms.aspx>

<http://www.education.vic.gov.au/school/principals/spag/management/pages/dresscode.aspx>

Principal: _____

School Council President: _____

Date ratified by School Council: 22nd April 2015

To be reviewed: _____ 2018 _____



ALBANY RISE PRIMARY SCHOOL

Parent Participation & Class Rep Policy

RATIFIED BY SCHOOL COUNCIL: 22nd April 2015

REVIEW DATE: 2018

PURPOSE:

Parents are able to provide our school with significant resources, insights and expertise. We seek to greatly enhance the opportunities that we can offer our students by utilising the numerous benefits available from parent involvement in our school.

- 1.1 To maximise the opportunities in which parents can be effectively involved in our school.

GUIDELINES:

- 2.1 Our school values and actively encourages parent involvement.
- 2.2 Our school council will be characterised by an effective sub-committee structure, with a strong focus on parent involvement.
- 2.3 Parents will be surveyed annually as to their preferences regarding parent development and school involvement via the school Standard Permission form.
- 2.4 Opportunities for parent and community involvement will be identified and a strategic plan developed to maximise parental involvement, including the development of the Parent Class Representative (Parent Rep) process:
 - Identification of interested parents
 - Initial meeting with principal (by invitation) and allocation of parents to classes
 - Collection of contact details and email contact with parent reps
 - Ongoing regular meetings with parent reps throughout the year
- 2.5 Opportunities for parental involvement will be advertised regularly in the school newsletter, on posters around the school and on the school website.
- 2.6 A weekly one hour Parent Forum session will be maintained, with a broad range of key topics being raised and addressed.
- 2.7 Professional development opportunities will be expanded to include parents, so as to capitalise upon, and 'add value' to the support that they provide.
- 2.8 Parents of non-English speaking backgrounds will be actively encouraged to be involved with the school, and translators will be provided when appropriate.
- 2.9 School Council will actively seek input from minority community groups, where cultural or language difficulties might otherwise inhibit their participation.
- 2.10 Child minding arrangements will be arranged to maximise parental involvement in key events.
- 2.11 Parents actively involved in the school will feature (with permission) in our newsletter and webpage.
- 2.12 Staff will formally recognise the contributions of parents in our school by means of an annual Parent Helpers morning tea.
- 2.13 Feedback will be sought from parents as to their perceptions regarding parental involvement at school.

References:

<http://www.education.vic.gov.au/school/parents/involve/Pages/default.aspx>

<http://www.education.vic.gov.au/school/parents/involve/Pages/parent.aspx>

Principal: _____

School Council President: _____

Date ratified by School Council: 22nd April 2015

To be reviewed: _____ 2018 _____

CLAYTON
canvas
PRESENTS



**FREE GAMING:
FIFA, MINECRAFT
AND MUCH MORE**

MORE THAN JUST GAMING!

ARCADIA

2 K 1 5

COMPS AND PRIZES

FREE FOOD

GAME DESIGNERS

ALL AGES EVENT

Come together and celebrate
the culture of video gaming

**FRIDAY 15TH MAY
6PM TO 9PM**

Clayton Community Centre Courtyard
9 - 15 Cooke St, Clayton

For more information visit
www.myfs.org.au or
call 9518 3900



Proudly funded by



Victorian
Responsible
Gambling
Foundation



CITY OF
MONASH



CITY OF
KINGSTON



Leadership Group
Clayton, Clayton South
and Clarinda Community



MONASH
University

**BONUS
PARENT
FORUM FROM
6.30PM**

Arcadia 2K15

More than just gaming

Come together and celebrate the culture of video gaming! Play popular games for free and experience gaming from a whole new perspective!

FIFA15 (Xbox)
SUPERSMASH BROTHERS (WiiU)
MARIO KART 8 (WiiU)
MINECRAFT HUNGER GAMES (LAN)
WARSOW (LAN)

There will be heaps of competitions, prizes, game designers, free entertainment, board games and free food. This is an all ages event – don't miss out!

Friday 15th May
6pm – 9pm

Clayton Community Centre Courtyard
9 – 15 Cooke St, Clayton

PARENTS:

There will be a free bonus parent forum facilitated by Steven Dupon from the Institute of Games at 6.30pm in the Clayton Community Centre Theatrette.

Steven will help parents generate a better understanding about:

- gaming being today's most popular form of entertainment and a valid one too
- the positive impact gaming can have on children and young people
- why kids game and why some game excessively
- the link between gaming and gambling
- violence in video games and their effect on children
- the cyber-safety issues associated with online gaming
- parenting tips to better manage gaming in the home

TRANSPORT:

Clayton Community Centre is conveniently located close to Clayton Railway Station, multiple bus services and has car parking on site.

Numeracy News

Tangram Puzzle from last newsletter

The tangram puzzle in the last newsletter proved very challenging, with not one student bringing their attempts to Mrs. Drew. This week's puzzle comes from the Grade 5/6 area (Thanks Mrs. Kang). Can you crack the case?

Calling all Maths Detectives!

Hello there Maths detectives. I have a real problem. My latest case is at Albany Rise Primary School. I arrived on the scene and was directed to the Canteen.

Some students stood outside the canteen looking unhappily at their food.

"Oh, No!" said Mia, making a face at the pizza in front of her. "I can't stand cheese!"

"Well, I've got a chicken, lettuce and mayo sandwich and I am allergic to dairy foods. The mayonnaise in here comes from milk," said Sarah.

"Does anyone want my milo cup?" said Rohan.

"Well, I've got a frozen pineapple ring and my loose tooth is killing me! I'm going to need something that is at room temperature," said Adi.

"Oh dear," I said. "It sounds like your canteen lady is having a challenging day!"

Well now, can you help me sort this out? This table below may help you.

	Mia	Sarah	Rohan	Adi
Has				
Can't eat				
Answer				

NAPLAN

The National Assessment Program for students in year 3 and 5 will soon be underway. Some parents are finding this site useful for information about the Numeracy testing that occurs:

<http://www.nap.edu.au/naplan/numeracy/numeracy.html>

Hilton Hen House Latest:



DANDENONG STOCKFEED SUPPLIES
CLAUDE TELFORD PTY LTD.

ABN 77 554 117 515

Rodney Telford

Tel: 97923540

1 GREAVES STREET | DANDENONG VIC 3175

Weekend Helpers and 'Shout Outs'

Thank you Kodie's (6C) grandparents, who came to school early last Monday morning to clean out our Hen House using spades and Wheel barrows. Our poultry is much happier with the new, clean straw and fresh food. A special thanks to the 'Chicken Team' who are keeping an eye on our weekend roster and making sure there is someone to take care of our chooks and duck every weekend. Thanks also to Dandenong Stockfeed Supplies who provided us with 20kg of free chook food this week.

Policy Update:

The Education Subcommittee meeting was on Thursday 7th May at 2.30pm. A major focus of this meeting was to look at the Camping and Excursion policies in depth, and discuss what the camp program might look like moving into the future. Parents are encouraged to attend Education Subcommittee meetings to have a voice in the policy development.

Other policies discussed include: Privacy Policy, Volunteer Policy, Attendance, Electronic Funds Management, QKR & Bpay policy.

Attached to this Newsletter are the following updated policies: Uniform Policy, Parent Participation & Class Rep Policy.

REMINDER: WORKING WITH CHILDREN CHECK forms and cards are required for any person helping in classrooms, on excursions or at school events helping with children.

Updated policies are available on the school website: <http://www.albanyrise-ps.vic.edu.au>.

Program Update

Last week at OSHClub we played a new fun game called acrobat letters, can you guess our word?



This week's healthy lunchbox idea: Veggie sticks, chicken drumettes and hummus lunch box – pack 2 cooked Soy chicken drumettes, with carrot and celery sticks. Accompany with some reduced fat hummus, a small wholegrainbread roll and apple.

Remember to bring your hat for outdoor play!

From Cheryl, Jenni, Krystle and Sidrah

This Week's Activities- Term 2, Week 3

	Monday	Tuesday	Wednesday	Thursday	Friday
Before Care Activities	Jigsaws and jumping competition	Animal painting and indoor soccer	Mother's day coupons and hula hoops	Mother's day certificate and skipping	Mother's day cards and pool
After Care Activities	Handprint tulips and leadership development	Sit down stand up and tissue paper flowers	Kickball and mother's day cards	Show and tell and children's choice game	Felt pencil case and four square

Parent Information

OSHC program phone: 0401 501 598

Coordinators: Cheryl See and Jenni Green

Assistants: Krystle Stylianou, Justin Brown and Sidrah Hassan

OSHClub Head Office: 03 8564 9000

All families must be enrolled to attend the program, remember this is Free!! Please create an account online at www.oshclub.com.au all bookings and cancellations can also be managed via your online account. For on the day bookings please contact the Coordinator direct at the program.

Anxiety: Suggestions for families

Children with anxiety difficulties tend to see the world as a scary place.

They can be overly sensitive to their feelings and lack confidence in their own ability.

They may try to avoid situations they see as difficult and as a result do not cope with challenges in their environment.

How you can help

Parents and other adults can help by supporting children to be brave. In order to be brave children need to have skills for understanding and managing their feelings. They need to learn about helpful thinking that they can use to encourage themselves to have a go, and they need to gradually build up their confidence by taking on small challenges.



Help to recognise and understand anxiety

A first step in helping children gain some control over anxiety is recognising when it occurs and how it affects them.

Model helpful coping

Being a good model involves showing children how to cope with emotions (not just telling them). Show children with anxiety how you use helpful self-talk in a difficult situation (eg "This looks a bit scary, but I'll give it a go").

Discourage avoidance

Sometimes when children say they feel sick, they are describing feeling anxious. It is important that children do not avoid things like school or homework unnecessarily.

Praise having a go

Encourage children with anxiety to attempt new things and praise them for trying. It is very important to emphasise trying rather than success when anxiety is an area of difficulty.

Introduce challenges gradually

Children build strength and resilience by learning to face challenges. It is important to begin with small challenges that children can meet. For example, a child who is frightened of dogs might start by walking past the house when the dog is barking without having to cross the road. This improves confidence for taking on more challenging steps.

Start small

Help the child to choose goals for becoming braver and to take small steps towards achieving them. Celebrate his or her success at each step. Experiencing even small successes helps to reduce anxiety.

Practise coping skills

Practise using coping strategies for challenging situations. Help children talk about problems and support them to come up with possible solutions.

Try not to get angry

If a child simply refuses to do something even after you have encouraged him/her and broken the task into steps, it may simply be overwhelming at that time. Sometimes, you need to back off and praise the child for doing as much as he or she could. Later, try again with smaller steps and encourage your child to have a go, one small step at a time.



This resource is part of a range of KidsMatter Primary information sheets for families and school staff. View them all online at www.kidsmatter.edu.au



Australian Government

Department of Health and Ageing



beyondblue



APS
Australian Psychological Society

Principals
Australia
Institute
Learning. Leading.

Steve Van Academy of Music

0409 022 309
03 9560 2173

Accredited by Monash University



We have moved to a brand new studio located in Mulgrave with the following provisions for the naturally talented and dedicated future Artists and musicians.

Voice training / recording your own CD when the student and the voice is ready.

Guitar lessons / recording, jamming with other musicians, writing your own material.

Keyboard lessons / and having fun is what Steve Vans Academy is all about. We cover all ages and offer a variety of classes from beginners onwards.



Steve Van began his solo career singing and playing the guitar all over Melbourne as well as interstate and has toured Europe.

After establishing himself as a reputed entertainer he went on to play in various bands offering more versatility and working a broader spectrum of entertainment venues.

With 30 years under his belt he has certainly deserved the title of professional entertainer and now is happy to share his expertise with budding future musicians.

We also offer group tuition and recording facilities at affordable prices.

*Reach for the stars,
nothing should stop you!*

Bringing a revolution in the learning process

Setting goals, Studying smart

Maximising time Learning strategies

Achieving goals



All in one at

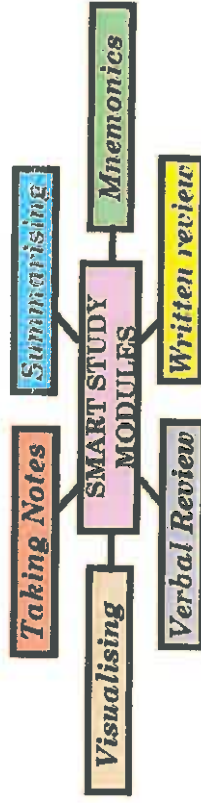
SMART STEPS LEARNING CENTRE

We also prepare for:

- Focus on smooth transition from primary to secondary
- Smart study strategies
- Scholarship exams skills
- NAPLAN
- Selective school entry exam
- HighATAR

Our Highlights:

- Customized learning plan
- FREE smart study workshops
- Maths, English & Science tutoring through graded levels of worksheet
- Grade 4 to VCE



Opening hours

Wednesday- 4.30-6.30 pm

Saturday- 1.00- 3.00 pm

For registration enquiries, please call **0425 785 468**, visit

www.smartstepslearningcentre.com.au,

or

email: info@smartstepslearningcentre.com.au