



# 'THE RISE' NEWS



**FOR 2015**



**JANUARY 29TH, 2015**

## TERM CALENDAR

Wed.	28 <sup>th</sup> Jan	Teachers return.
Thurs.	29 <sup>th</sup> Jan	<b>Term one commences</b> - Students return to school.
Fri.	5 <sup>th</sup> Feb	<b>Twilight Working Bee 4.00- 6.00pm</b>
Wed.	11 <sup>th</sup> Feb.	1/2 Information Session – 5.30pm 3/4 Information Session – 6.00pm
Wed.	11 <sup>th</sup> Feb.	School Council 7.00pm
Thur.	12 <sup>th</sup> Feb.	Celebration Day for Quality Beginnings
Mon.	16 <sup>th</sup> Feb.	Parent Partnerships Session 1
Tues.	17 <sup>th</sup> Feb.	Prep Information Session and BBQ
Wed.	18 <sup>th</sup> Feb.	5/6 Meet and Greet Interviews
Mon.	23 <sup>rd</sup> Feb.	Parent Partnerships Session 2
Wed.	25 <sup>th</sup> Feb.	Parent Association Meeting
Mon.	2 <sup>nd</sup> Mar.	Parent Partnerships Session 3
Fri.	6 <sup>th</sup> Mar.	<b>Student Free Day / First Aid Training for all staff.</b>
Mon.	10 <sup>th</sup> Mar.	Labour Day holiday.
Thurs.	19 <sup>th</sup> Mar.	Multicultural Day
Wed. – Fri.	11 <sup>th</sup> – 13 <sup>th</sup> Mar.	3/4 Camp
Mon.	23 <sup>rd</sup> Mar.	Parent Forum
Fri.	27 <sup>th</sup> Mar.	Term one concludes – dismissal at 2.30pm.
Mon.	13 <sup>th</sup> April	<b>Term two commences</b>
Wed.	15 <sup>th</sup> April	<b>Student Photos</b>
Wed.	29 <sup>th</sup> April	<b>Student Free Day</b>
Tues – Thurs.	12 <sup>th</sup> – 15 <sup>th</sup> May	<b>NAPLAN</b>
Mon. – Fri.	18 <sup>th</sup> – 22 <sup>nd</sup> May	<b>Education Week</b> <b>Open Night 19<sup>th</sup> May</b>
Mon.	8 <sup>th</sup> Jun.	Queen's Birthday holiday.
Fri.	26 <sup>th</sup> Jun.	Term two concludes – 2.30 dismissal.
Mon.	13 <sup>th</sup> July	<b>Term three commences</b>
Wed. & Thurs.	9 <sup>th</sup> & 10 <sup>th</sup> Sep	<b>Musical</b> Rowville SC Performing Arts Centre
Fri.	18 <sup>th</sup> Sep.	<b>Term three concludes</b>
Mon.	5 <sup>th</sup> Oct.	Term four commences
Tues.	3 <sup>rd</sup> Nov.	Melbourne Cup Day
Fri.	18 <sup>th</sup> Dec.	Last day of 2015. Early dismissal 1.00pm.

**Please be advised—any students left at the office after 3.45 pm will be sent to OSHClub and parents charged accordingly.**

**You may enrol via their website - [www.oshclub.com.au](http://www.oshclub.com.au)**



## Albany Rise Primary School Mission

Our mission at Albany Rise Primary School is to develop students who value learning throughout their lives, strive to achieve and are literate and numerate. We aim to produce confident and empathetic students who are global citizens equipped to succeed in the 21<sup>st</sup> century.

### **Welcome Back Morning Tea for Parents** **Monday, 2<sup>nd</sup> February** **9.10am in the Function Room** **ALL WELCOME!!**

#### **Welcome back everyone.**

We are excited to be starting a brand new year with our students and parent community. A particular welcome to our new families at Albany Rise. We hope that you enjoy your time as part of our school.

It was wonderful to see students refreshed and enthusiastic as they arrived at school this morning. Thank you to parents who have spent time preparing for the beginning of school. Thank you also to our staff who have been working hard over recent weeks to prepare classrooms, facilities and supplies.

I wish to especially welcome our 2015 Preps to the Albany Rise Primary School community. This year we have 47 Prep students excited and eager to begin their primary school years. They have settled in well thanks to parents, staff and no doubt the transition program they participated in last year.

#### **New Staff:**

We welcome two new members of staff this year:

Adriana Costa – year 6 teacher

Kathy Barca – Education Support: Integration.

#### **Quality Beginnings**

During the first weeks of their learning children are participating in the 'Quality Beginnings' program in all classes across Albany Rise Primary School.

The learning supports the development of classroom communities, building relationships, understanding expectations and developing routines. The program has been led across the school by our Student Wellbeing Coordinator, Keirston Calleja. We are very fortunate to have a Wellbeing Officer at Albany Rise. Keirston's skills, knowledge and dedication to our students, staff and parents is well known and highly valued. Our thanks are extended to Keirston for all her work at Albany Rise.

#### **Weekly Assembly**

Each Friday we hold our whole school assembly at the end of the week to celebrate and share student achievements. I hope to see you at our first whole school assembly for 2015 @ 3:00pm in the hall tomorrow.

#### **Twilight Working Bee**

Our first working bee for 2015 will be held on Friday, **5<sup>th</sup> February**. We will commence straight after school and finish with a sausage sizzle. We hope that families can come along and assist us to have a good tidy up around our school. Any time you can spare would be greatly appreciated.



## **Routine and Rigour – Organised and ready to start each day at Albany Rise**

At Albany Rise we have 3 minutes of music at 8.52 followed by a bell at 8.55am. Our aim is to have students in classrooms and ready to start the day before 9.00am. Our Literacy and Numeracy blocks are scheduled during the first 3 hours of the day to ensure that children receive explicit teaching at the time when they are best able to concentrate and focus on their learning. Families can assist us in this endeavour by having children at school on time to start the day with their class mates.

## **Student Safety**



It is crucial that we have up to date emergency contact details at all times. Whenever any details change we must be informed. Should an accident occur or If your child is ill we need to be able to contact you. In the event of a serious injury we may need to call an ambulance. It is advisable for all families to have ambulance cover. If we are unable to contact parents, as a first preference, we will call an ambulance.

## **Home School Communication**

I remind all members of the community that my door is always open to hear any cares, concerns or compliments. The Assistant Principals (Tony and Judy) and I are keen to hear feedback with our number one priority the care of all students at Albany Rise Primary School.

Your child's class teacher – and also the Team Leader – should be contacted first. If you would like to make an appointment to speak to any staff we will organise a mutually convenient time either before school or after school. Please contact the school office.

## **Late Arrival at school**

Commencing neAt Albany Rise we require all students who arrive at school after 9.05 to sign in at the office. Children are then provided with a token to take to their teacher indicating that they have signed in. Regularly late students will be monitored in order for us to assist with improvement if necessary.

Arriving on time to school is critical for students. It ensures that children are familiar with the plans for the day ahead, provides time for children to feel part of the class group as they commence the day together, promotes social interactions and ensures that children do not miss any of their valuable learning time. Developing a routine before school is the key to ensuring students arrive on time, as is getting a good night's sleep. It is recommended that school aged children get between 10 and 11 hours of sleep each day, although younger children may need more, in order to function at their optimal level.

Best wishes for a successful year ahead.

Kind regards

Belinda Jones

Principal

[jones.belinda.j@edumail.vic.gov.au](mailto:jones.belinda.j@edumail.vic.gov.au)

## **Student Free days 2015**

*(School Council approved these days at the meeting on 19<sup>th</sup> November)*

**Wednesday, 28<sup>th</sup> January**

**Friday, 6<sup>th</sup> March – First Aid training**

**Tuesday, 28<sup>th</sup> April – curriculum**

**Monday, 25<sup>th</sup> May – reporting**

**This article is a reminder that we have students at this school with severe allergies to particular foods.**

One of the most common forms of allergies is to nuts, in particular, peanuts. It can be difficult for parents of students who do not suffer from these allergies to appreciate the implications of these circumstances for parents, teachers and the school.

Sometimes these allergies are so severe that even the smallest residue can induce a life threatening reaction, such as breathing vapours of the nut, being touched by a person who has residue on their hands or being kissed by someone who has eaten nuts. The incidence of severe food allergy seems to be on the increase. Nut products are present in a wide range of foods. Students who suffer from these allergies have to learn from a very young age to be vigilant and disciplined.

Some students attending Albany Rise P.S. are highly allergic to peanuts and nut products and are highly likely to have a severe reaction if touched by a person that has had these products. The consequence of this is that these students will stop breathing if they ingest these foods.

Current research shows that school wide blanket bans on peanuts and other allergy causing foods may back-fire and put students with allergies at heightened risk. A compulsory ban on nuts could create some animosity within the school community. Our preferred option, in line with current research, is to educate staff, students and the school community and to discourage students from bringing nut products to school, for example, peanut butter and Nutella. A 'no nut' policy could be detrimental to the health and well-being of particular students.

We ask you to support the health of these students by not sending peanut products to school in your children's lunches. If your children have peanut butter for breakfast, please ensure that they wash their hands with soap before coming to school. When sending empty boxes for Art activities exclude any which have contained nut products.

We ask parents and students to be sensitive to the feelings of the students who have this allergic reaction. Please do not make comments about them and their inability to eat foods with nuts. Thoughtless comments such as "I wouldn't have ..... to my place because I wouldn't know what to feed him" or "you're the reason others aren't supposed to bring peanut butter sandwiches to school" are not only insensitive but can severely damage the child's self-esteem.

Your support in this matter is greatly appreciated.

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**NEWSLETTER 2015 HARDCOPY**

As advised in Term 4 last year we are heading towards becoming an environmentally sustainable school so this shall be the last hardcopy newsletter sent home.

Fortnightly Newsletters for 2015 can be found via your TIQBIZ APP or the school website: [www.albanyrise-ps@vic.edu.au](mailto:www.albanyrise-ps@vic.edu.au)

*If you require a hard copy of the newsletter each fortnight, please fill out the follow details:*

*Eldest Students Names:.....Grade:.....*