



'THE RISE' NEWS



FOR 2015



21st MAY, 2015

TERM CALENDAR

Mon. – Fri.	18 th – 22 nd May	Education Wee
Mon.	25 th May	Student Free Day— NO SCHOOL
Wed,	27th May	Werribee Zoo Year 3/4's
Thurs.	28th May	Cloudia Raindrop—Prep-2
Mon.	8 th Jun.	Queen's Birthday holiday—NO SCHOOL
Mon.	22nd Jun.	Reports sent home
Wed,	24th Jun.	3 Way Conference—Parent/Teacher/Student Yrs 3-6 Parent Teacher Interview Prep—Yr 2
Fri.	26 th Jun.	Term two concludes – 2.30 dismissal.
Mon.	13 th July	Term three commences
Mon. – Thurs.	10 th – 13 th Aug.	5/6 Camp – Kangarooie
Wed. & Thurs.	9 th & 10 th Sep	Musical Rowville SC Performing Arts Centre
Fri.	18 th Sep.	Term three concludes
Mon.	5 th Oct.	Term four commences
Tues.	3 rd Nov.	Melbourne Cup Day
Fri.	18 th Dec.	Last day of 2015. Early dismissalal 1.00pm.

Enrol Now for Foundation (Prep) 2016

Tours available

**REMINDER: SCHOOL COUNCIL APPROVED STUDENT FREE DAY
MONDAY, 25TH MAY**

**No classes at Albany Rise on this day.
Teachers will be completing reporting requirements.**

CAR PARK—IMPORTANT SAFETY MESSAGE

Parents are not permitted to park in the school car park.

Children should not be dropped off in the car park. This is a serious safety issue.

We have a couple of families who are permitted to use the disabled car park. Unauthorised people are not permitted to use this space.



Albany Rise Primary School Mission

Our mission at Albany Rise Primary School is to develop students who value learning throughout their lives, strive to achieve and are literate and numerate. We aim to produce confident and empathetic students who are global citizens equipped to succeed in the 21st century.

WORKING BEE

A big thank you to everyone who assisted at Sunday's working bee. It was a lovely day with a huge amount being achieved. Tasks included: edging around the 5/6 playground, weeding, pruning, mowing, mulching the garden beds, weeding the vegie gardens, spreading soft fall and raking leaves.

Families who attended received a movie ticket for each adult. We also had a lovely morning tea and lunch. A huge thank you to Ben Rowe for his donations to the working bee and to Julie Black for the morning tea. Working bee awards will be presented at assembly on Friday.



Here's Belinda, sitting down on the job!!!!



Can't beat a chippy to do a good days work!
Thanks Andrew xx



And Pete, you'd make a great Council worker!!!!!!!!!!!!

PARENT FORUMS

During term one we organised a few parent forums in our function room on Monday afternoons. We are keen to ensure that these forums are directed towards topics and areas of particular interest to parents. Please help us with your ideas by returning the slip below.



EDUCATION WEEK 2015

We were thrilled with the events across our school during Education Week. It was very pleasing to have parents and visitors join us for the Open Evening, Open Morning and Australia's Biggest Morning tea. During our open evening we all enjoyed the Wellington SC band as they performed for visitors in the ARC. Our choir enjoyed performing for an audience at Waverley Gardens on Wednesday and our school captains toured with prospective families at our group tour on Monday.

Like all whole school events there are always a number of hard working people behind the scenes working collaboratively to organise and plan. Many thanks to all the staff and to the many parents who helped out across the school. The sausage sizzle on our open evening was enjoyed by many. A big thank you to Julie and Andrew Black for cooking the sausages!

The Book Fair was, as always, a success. Capably organised and coordinated by Deb Mc Millan and our wonderful Education Support staff.



And Pete AGAIN!!!!



Friday, 22nd May is 'WALK SAFELY TO SCHOOL Day'

We hope that families will take this opportunity to walk to school and we encourage all families to reinforce safe behaviours with their children. Teachers will be taking a tally of the number of children who walk in the class and the grade with the most 'walkers' will be identified at Friday's assembly.

CROSS COUNTRY

Congratulations to all our children who participated in the district cross country on Monday. We were fortunate to have a lovely day for the event.

It's exciting to hear that our school has been named as 'most improved'.

We have two students, Kaitlyn Black and Erana Celent who will be progressing to the division cross country. Congratulations to both girls!!



ENROLMENTS FOR 2016

If you have friends or neighbours who are looking at enrolling their child in a school for 2016 please

encourage them to visit us for a tour of the school. A convenient time can be organised by contacting the office.

We are now accepting enrolments for 2016. Any families who are intending to enrol for 2016 are encouraged to do so as early enrolment assists with our planning and provision.

REPORTS/VELS

Teachers are very busy writing Mid-Year Reports for all children, which will be issued to parents on Monday, 22nd June. These reports will present parents with an up to date picture of their children's performance at school, both socially and academically. Reports take several hours per student to complete and I would like to thank teachers for their commitment to work late at night and on the weekends.

Your child's progress is reported in line with the learning standards set out in the National Curriculum: AusVELS, which are the guidelines for all government schools statewide.

PARENT/TEACHER INTERVIEWS AND 3 WAY CONFERENCE

Opportunities for parents to meet with teachers in relation to student progress during the first semester will occur on Wednesday 24th June.

Parents of children in Prep - 2 will participate in our usual Parent /Teacher interviews with parents attending at the time provided by the teacher to discuss their child's progress and future learning.

Students in years 3-6 will play a central role in the sharing of information about their learning during our June meetings with parents. **Students will be expected to attend the scheduled meeting**, and with teacher guidance, outline to parents their learning goals and current levels of performance. Students will have worked with their teachers prior to the meeting, to ensure these **3 way conferences** are as productive as possible.

Parent Teacher Interviews and Mid-Year 3 Way Conferences for all students will be held on **Wednesday 24th June**, between 3:30pm and 8.00pm. We would like all families to ensure that they schedule a time for these important meeting. We look forward to gaining feedback on our 3 way conferences.

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During term one we organised a few parent forums in our function room on Monday afternoons. We are keen to ensure that these forums are directed towards topics and areas of particular interest to parents. Please help us with your ideas by returning the slip below.

Best regards

Belinda Jones
PRINCIPAL

jones.belinda.j@edumail.vic.gov.au

✕.....

Family Name:.....

TOPIC SUGGESTION:.....

OBJECTION TO APPLICATION FOR PLANNING PERMIT at 2-4 Sunrise Drive

Update from School Council President:

Earlier this week I met with Cr. Robert Davies who advised that the Monash Planning Department have taken note of the objections submitted by Albany Rise Primary School Council with regards to Safety, Traffic, Parking, Noise and Signage.

The recommendation given to Councillors at the next Monash Council Meeting (to be held next Tuesday 28th May at the Mulgrave Neighbourhood House in Mackie Road and open to the public) will be to approve the Application with **Conditions that address and resolve the majority of the concerns of our School Council and Community.**

I would like to acknowledge the assistance given by Cr. Robert Davies and Monash staff during this process. I would also like to thank our School Councillors, especially Judy Drew, for the many hours of work without which we could not have achieved the deadline for submission.

Fiona Dewhirst-Daniel
ARPS SCHOOL COUNCIL PRESIDENT

FOR SALE

QUEEN BED MATTRESS

Exc condition. Firm, custom made top quality.
Collect from Mulgrave
Make me an offer - vharriet@y7mail.com

DRUM LESSONS //

I am a drum teacher with twenty years drumming experience looking to help students excel with their drumming and musical aspirations. I am offering fun, friendly and exciting lessons covering all genres and styles of music. half an hour lessons are \$30 and one hour lessons are \$60 please contact me on 0407153653 to discuss any questions you may have thank you.

Kind Regards

Nigel Jackson

STUDENTS OF THE WEEKS

Prep A	Ciara	Prep I	Humayl	Prep 1R	Max
1/2 M	Fatima, Meika	1/2 R	Shantelle	1/2 S	Vanessa
3/4 PW	Georgia, Jayden	3/4 T	Breanna, Emmy		
4/5 H	Le, Phukang	5 L	Kaitlyn, Beau	6 C	Issey, Marcus

Well Done!!!!

STUDENT WELLBEING NEWS

It was great to see so many parents/carers talking with Tim Moran, from Monash Health and Family Services, during our Open Night last night. Tim had some free passes to "Active Monash: Active Youth" Programs for children age 4 and up. Active Monash run lots of sports programs for children such as Active Abilities; Active Kids; Dance abilities; Monash Dribblers; Monash Kickers; Sport Starts and Zumba. There will be some **more free passes** delivered to us by next week, so please see me if you would like some for your children. If you would like more information on the programs please see their website www.activemonash.com.au

Please see me if you would some more information about the services available for families through Monash Youth and Family Services or go their website www.myfs.org.au

LASTLY...have a look at the brochure (in the newsletter) from Monash Link, outlining all of their affordable services (Dental; dietetics; Occupational Therapy; Speech Pathology; Psychology; Podiatry; Physiotherapy; Counselling) for children and families. www.monashlink.org.au

Keirston Calleja - Student Wellbeing Coordinator



Free Dental Check-up **Keeping Kids Smiling Program**

Keeping Kids Smiling will be attending Albany Rise Primary school between 1st and 3rd of June 2015.

The Keeping Kids Smiling is a program aimed to identify children in need of dental care and to teach children how to look after their teeth at home.

Children will receive a *no out of pocket*, onsite dental check-up in a dental van by local Oral Health Therapist from Monashlink Community Health Service. The sessions will also include a brushing lesson and other fun activities.

Consent forms have been sent home with your child and are due back by Tuesday 26th of May 2015.

Parents/Guardians are welcome to attend on the day and will receive a report with the results of the dental check-up



Monashlink Community Health Service Limited
Rear, Level 1
9-15 Cooke Street
Clayton 3168
1300 552 509

LAMONT BOOK FAIR 2015

I would like to warmly thank all the members of the Albany Rise P.S. community who came out and supported the Lamont Book Fair on Tuesday night at the Open Night and on Wednesday after school.

We sold over \$3300 worth of books and made \$1000 commission for the school. This money will be used to buy some more fantastic books for the Library.

In addition, there were many wonderful families who donated books to the Library. All of these books will have a special sticker placed inside with the student's name on it.

Our heartfelt thanks go to all of these children and their families for their donations:

Michael Harding	Prep I
Nate Vezis	Prep/1 R
Jimmy Wong	Prep/1 R
Samantha Alevitos	Prep/1 R
Su Keira Sara	Prep/1 R
Josh Sara	1/2 M
Tayla Rollings	1/2 S
Chris Santas	3/4 PW
Kaitlyn Black	5 L
Thivina Edirisinghe	6 JP

I would also like to thank Mrs Wilson, Mrs Wilkinson, Mrs Seremetis and Mrs Megroz for their invaluable help with running the Fair.

Deb McMillan

Library Technician

ALBANY RISE PRIMARY SCHOOL 'RECIPE BOOK'

The Parent Association is keen to create a 'school recipe book' containing recipes from families across our school. We would love parents to send their favourite recipe for us to include in our book.

NOW WE ALL HAVE A FAVOURITE RECIPE ...SO PLEASE SEND YOURS TO

albany.rise.ps@edumail.vic.gov.au

OR drop a copy into the office.

All recipes will be acknowledged with the family name.

Please include 'recipe book' in the subject line of your e-mail and include your family name with the recipe. If your recipe is unique to your family background we'd love to know which country it's from as we hope to be able to group recipes according to countries represented at our school.

Thank you in anticipation.
Parent Association
Albany Rise PS



Numeracy News

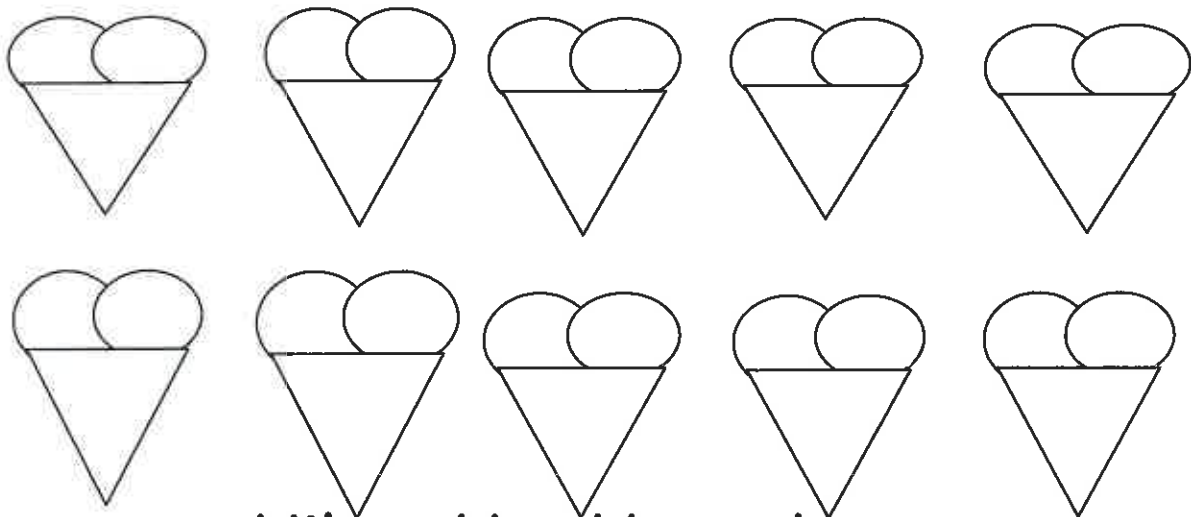
Math Detective Challenge from last newsletter

Well done to Faheem in 45H who was the only student to solve the problem in the last newsletter.

The Ice-cream Problem.

This week's problem comes from the Grade 1/2 teachers. Can you work it out? If you can, bring the completed problem to Mrs. Drew for a small treat!

There are 4 flavours of ice cream - vanilla, strawberry, chocolate and mint.
How many *different* 2 scoop ice creams can you buy?



Hilton Hen House Latest:

Weekend Helpers and 'Shout Outs'

Thank you to the year 3/4 classes who have been rostered on to look after our chickens and ducks for the last 2 weeks. You have done a fantastic job. Thank you also to all the families who helped to clean and prune the area behind the ARC during our working bee last weekend. A special thankyou for the work completed on our new fencing and gates in the chook area. The Hilton Hen House is looking great!



Policy Update:

The next Education Subcommittee meeting will be held on Thursday 11th June at 9.15am. Policies to be discussed include: Healthy Eating, Camps, Risk Management, and Out of Hours Access. We are constantly seeking the input of parents on our Education subcommittee and parent input is highly valued. Please feel free to attend these policy meetings to have your say.

REMINDER: Mobile Phones at School

The school has a policy regarding the use of mobile phones by staff and students whilst at school. A copy of this policy is attached to this newsletter.

Policies are available on the school website: <http://www.albanyrise-ps.vic.edu.au>.



ALBANY RISE PRIMARY SCHOOL

MOBILE PHONE POLICY

RATIFIED BY SCHOOL COUNCIL: DATE 15th October 2014

REVIEW DATE:2017

PURPOSE:

- 1.1 To ensure the effective management of Mobile phones as important modern day communication tools, essential in providing a safe and effective school environment.
- 1.2 To utilise the benefits of mobile phones whilst managing the problems they can potentially cause.
- 1.3 To ensure students transitioning to secondary school have a clear understanding of the responsibilities relating to the use of Mobile phones, particularly when undertaking BYOD (bring your own device) programs.

GUIDELINES:

- 2.1 Teachers in charge of all excursions and trips involving students must ensure mobile phones or similar appropriate communications devices accompany each trip.
- 2.2 Students are not to bring personal mobile phones to school unless permission from the principal has been successfully sought by parents who have outlined the health, safety or personal reasons that justify the student being in possession of a mobile phone.
- 2.3 Mobile phones belonging to students are to be handed over to the office at the start of each school day, and retrieved by the student at the end of each day.
- 2.4 The school does not accept responsibility for lost or damaged student mobile phones.
- 2.5 Student's mobile phones must not be brought to classes, meetings, assemblies or similar organised activities.
- 2.6 Mobile phones and students using them must not cause disruptions to classes or individuals, and must not cause a nuisance to the smooth running of the school, including when under staff supervision before and after school.
- 2.7 Students misusing personal mobile phones at school or causing a nuisance will be brought to the attention of the principal.
- 2.8 The principal may revoke a student's privilege of bringing mobile phones to school.
- 2.9 The school reserves the right to prohibit students from bringing mobile phones into certain spaces or during certain activities eg: exam rooms, physical education classes etc.

Principal

School Council President

Date ratified by School Council: 15th October 2014

To be reviewed: 2017

ARPS POLICY

Program Update

Last week we had a great time building cubby houses at OSHClub:



This week Cheryl is away on annual leave, please see Jenni Green for an enquiries.

See below for this week's activities.

From Cheryl, Jenni, Mitchell, Sissi, Justin and Sidrah

This Week's Activities- Term 2, Week 4

	Monday	Tuesday	Wednesday	Thursday	Friday
Before Care Activities	Cartoon characters and bang	Drawing competition and fruit salad	Free box construction and giant's treasure	Fruit salad and tennis	Children's choice treasure and popcorn
After Care Activities	Children's choice game and origami	Kickball and drawing competition	Run the gauntlet and the computer room	Freeze tiggly and cheese and vegemite scrolls	Line tiggly and face painting

Parent Information

OSHC program phone: 0401 501 598

Coordinator: Cheryl See and Jenni Green

Assistants: Krystle Stylianou, Justin Brown and Sidrah Hassan

OSHClub Head Office: 03 8564 9000

All families must be enrolled to attend the program, remember this is Free!! Please create an account online at www.oshclub.com.au all bookings and cancellations can also be managed via your online account. For on the day bookings please contact the Coordinator direct at the program.

PARENTING WORKSHOP



WHERE: Oakleigh Services Training Centre
1A Atherton Road, Oakleigh
(Parking available at the rear of the building. Come in via entrance at the back)

WHEN: Wednesdays (5 sessions)
27 May, 3, 10 & 17 June,
& Tuesday 23 June
1pm to 3pm

WHO: Mums, Dads, & Carers
of children up to 10 years

COST: **FREE** (bookings essential)

CONTACT: Julia at Parentzone
9735 6190 or 0400 866 495

Discipline v's Punishment

- What is discipline?
- Why doesn't punishment work?
- What works and what doesn't?

Behaviour

- Why do kids behave the way they do?
- What is misbehaviour and what to do about it?
- What is normal behaviour?

Rules and Consequences

- What are 'positive' rules?
- How do you make them work?

Dealing with Feelings

- Are you wanting to build emotional intelligence and understanding?
- What about their anger?

Resilience

- What is resilience?
- Do you want your kids to have 'bounce-back-ability'?
- How do we teach our children resilience?



Parentzone Eastern Enquiries & Referrals
47 Castella Street, Lilydale VIC 3140

- anglicarevic.org.au
- 03 9735 4188
- 03 9735 5782
- [youtube.com/anglicarevic](https://www.youtube.com/anglicarevic)
- twitter.com/anglicarevic
- facebook.com/anglicarevic

Parentzone
EASTERN
anglicarevic.org.au

Psychology

For children 0-6 years

The Psychologist provides assessment and counselling for families.

Some of the following areas are included:

- Educational difficulties
- Child counselling
- Parenting sessions
- Family counselling
- Developmental assessment

Family Services Counselling

For children 0-18 years and their families.

The counsellors provide assessment, therapeutic intervention (child, parent, and family), consultation, referral, liaison and advocacy. We provide assistance with:

- Parenting
- Child development
- Behaviour management of children
- Family relationship difficulties (e.g. child-parent, sibling-sibling)
- Anxiety
- Depression
- Self-esteem issues
- Educational difficulties
- Bullying or high risk behaviours
- Mental health concerns

Your Health and Support Service



MonashLink

1300 552 509

www.monashlink.org.au

Dental Services for Children

Public Services

For all children 0-12 years

For children 13-17 who are listed on a Centrelink Concession card

Child Dental Benefits Schedule

- Available to eligible children aged 2-18
 - Access up to \$1000 for basic dental services (capped over two years)
 - Includes check ups, x-rays, fillings, root canals and extractions
- Your child may be eligible if:
- You receive Family Tax Benefit Part A or another government payment

MonashLink Private Dental

For children not eligible to access our public service:

- General dentistry
- Emergency dental care
- Specialist Orthodontist
- Mouth Guards/Space maintainers
- Family appointments
- Saturday appointments

MonashLink's dental service is located at the rear Clayton Community Centre, Level 1, 9-15 Cooke St Clayton.

Your Health and Support Service

we Care we Listen we are Accessible we Partner



MonashLink acknowledges the support of the Victorian State Government



Why

MonashLink?

Services for Children



We provide the following services:

- Counselling
- Dental
- Dietetics
- Occupational Therapy
- Physiotherapy
- Podiatry
- Psychology
- Speech Pathology

Your Health and Support Service



MonashLink

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Services for Children

MonashLink's Services for Children aim to promote the health, development, learning and wellbeing of children in the City of Monash and surrounding areas.

MonashLink supports parents and families to understand and manage their child's health and development so they reach their full potential.

What do we provide?

Podiatry

For children 0-18 years.

Podiatry is the detection and treatment of abnormal childhood foot problems.

The Podiatrist can treat and assist children experiencing any of the following problems:

- Flat feet
- In toeing/out toeing walking
- Knock knees/bowlegs
- Ingrown toenails
- Corns callus
- Toe walking
- Clumsy walking
- Plantar warts
- Tinea
- Heel pain
- Knee pain

Nutrition and Dietetics

For children 0-18 years.

Food and nutrition information is provided to children and adolescents, their families and carers.

The Dietitian can assist children and families with their growth and health:

- Infant Feeding
- Weight management
- Growth concerns
- Fussy eating and limited diet
- Dietary related gastrointestinal conditions (e.g. IBS, constipation)
- Suspected food intolerance
- Confirmed food allergies
- Confirmed nutritional deficiencies (e.g. iron deficiency)
- Alternate or restricted diets (e.g. vegan diet)

Occupational Therapy

For children 0-12 years.

The Occupational Therapist can assist children in the following areas:

- Balance and co-ordination skills
- Fine motor skills
- Sensory activities
- Visual perception skills
- Self-help skills
- Social skills and enhancing self-esteem
- School readiness

Occupational therapy involves individual and group work in a fun and stimulating environment.

Physiotherapy

For children 0-12 years.

The physiotherapist can assist children in the following areas:

- Babies with a flattened head shape
- Babies with a tight neck muscle or head turn
- Achieving developmental milestones (rolling, crawling, walking, running)
- Posture of the body, spine, hips, knees and feet
- Balance and coordination
- Toe-walking
- Sore knees, hips, shoulders, elbows
- Strength and stamina

Speech Pathology

For children from 0-6 years and not attending primary school.

Aims to promote and develop effective communication skills in young children.

The Speech Pathologist can assist children experiencing any of the following problems:

- Difficulty understanding instructions
- Not saying many words
- Difficulty constructing sentences
- Difficulty making conversation
- Speech is hard to understand
- Mixes up or leaves out sounds
- Husky or hoarse voice
- Stuttering
- Poor listening skills

Your Health and Support Service

we Care we Listen we are Accessible we Partner