



'THE RISE' NEWS



FOR 2015



February 19th, 2015

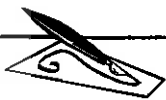
TERM CALENDAR

Mon.	23 rd Feb.	Parent Partnerships Session 2
Thurs.	25 th Feb.	Parent Association Meeting
Mon.	2 nd Mar.	Parent Partnerships Session 3
Fri.	6 th Mar.	STUDENT FREE DAY First Aid Training for all staff.
Mon.	9 th Mar.	Labour Day holiday.
Wed.	11 th March	School Council
Thurs.	19 th Mar.	Multicultural Day
Wed. – Fri.	11 th – 13 th Mar.	3/4 Camp – Golden Valley's Lodge
Mon.	23 rd Mar.	Parent Forum
Fri.	27 th Mar.	Term one concludes – dismissal at 2.30pm.
Mon.	13 th April	Term two commences
Wed.	15 th April	Student Photos
Wed.	22 nd April	Athletics
Wed.	29 th April	Student Free Day
Tues – Thurs.	12 th – 15 th May	NAPLAN
Mon. – Fri.	18 th – 22 nd May	Education Week Open Night 19th May
Mon.	25 th May	Student Free Day
Mon.	8 th Jun.	Queen's Birthday holiday.
Fri.	26 th Jun.	Term two concludes – 2.30 dismissal.
Mon.	13 th July	Term three commences
Mon. – Thurs.	10 th – 13 th Aug.	5/6 Camp – Kangarooie
Wed. & Thurs.	9 th & 10 th Sep	Musical Rowville SC Performing Arts Centre
Fri.	18 th Sep.	Term three concludes
Mon.	5 th Oct.	Term four commences
Tues.	3 rd Nov.	Melbourne Cup Day
Fri.	18 th Dec.	Last day of 2015. Early dismissal 1.00 pm.

OVERDUE LIBRARY BOOKS AND CLASSROOM LIBRARY BOOKS

In 2014 alone 153 books have been borrowed and not returned to the school library, this includes books from classroom libraries. We are asking you to please check at home for any books that you may have forgotten to return. This loss totals \$2,500 which is not able to be replaced.

PLEASE CHECK AT HOME AND RETURN ANY BOOKS YOU MAY FIND. Thank You



Albany Rise Primary School Mission

Our mission at Albany Rise Primary School is to develop students who value learning throughout their lives, strive to achieve and are literate and numerate. We aim to produce confident and empathetic students who are global citizens equipped to succeed in the 21st century.

STUDENT FREE DAY

Friday, 6th March

Staff will be completing Level 2 First Aid Training

Quality Beginnings

Our Celebration Day last Thursday was a wonderful highlight of our Quality Beginnings program at Albany Rise. The day began with all children, in Multi Age groups, participating in cooperative team games. Older students capably provided assistance and leadership to younger ones and staff enjoyed the opportunity to engage with children from across the school. The activities (and the coffee van) were enjoyed by parents who attended. The session ended with a whole school morning tea in the yard. It was fabulous to have so many parents along to enjoy the games morning. The children appreciated all the visitors who were present.

Our Celebration assembly on Friday involved each class presenting their class value. Parents, staff and students enjoyed the well thought out class items. Language such as respect, cooperation, inclusion, manners, and 'getting along' featured in the class presentations.

During the assembly each class placed a puzzle piece with their class value in our whole school puzzle. As with all school events a team of teachers, led by Keirston Calleja, organised and conducted the whole school event. Thank you to all staff for their contributions



Parent Information sessions and 'Meet and Greet' interviews

Thank you to our staff for organising and conducting these valuable sessions. We hope that parents have found them useful and informative. If you have not received an information book for your child's grade level please ask their teacher.

Tuesdays Prep welcome barbecue was enjoyed by staff, parents and students.

Parent Association and Class Parent Representative Program

We are requesting that parents consider attending our first Parent Association meeting on **Thursday 26th February**. Fund raising and community events are critical to our school. They assist with building and uniting our school community and also provide funds which directly improve resources for the learning of the children. We welcome new parents and greatly appreciate your input.

This year we are implementing for the first time a 'Class Parent Representative Program'. Each class will have one or two parents who liaise with the class teacher to assist with communication with other parents in the class; gaining assistance for class or whole school events and generally building the channels of communication to support families. Each Parent Representative will form part of a team which meets to gain assistance in their role. I will meet with this team to provide support and advice on a regular basis.

I hope that we have parents who will offer to take on these roles. Your involvement will be greatly valued and really appreciated.

School Council Elections

At the close of nominations last Monday we had four parents nominated to four positions. Congratulations to the following parents who will participate on School Council for the next 2 years: Julie Black and Karen Chernishov – returning councillors, Ben Rowe and Mark Harding – new council members. Judy Drew returns as a staff representative and Nicole will take up the other staff vacancy on School Council.

I would like to congratulate and thank the following outgoing council members: Belinda Sullivan and Michelle Jago. Thank you also to our staff representative: Kym Redford.

Our first meeting of the new council will take place on **11th March**. Office bearers will be announced after this meeting.

Personal property brought to school

Please be aware of the following DET policy in relation to personal property which is brought to school:

'Personal property is often brought to school by students, staff and visitors. This can include mobile phones, calculators, toys, sporting equipment and cars parked on school premises.

Please note the Department of Education and Early Childhood Development does not hold insurance for personal property brought to schools and it will generally not pay for any loss or damage to such property.'

Student Accident Insurance

The Department does not provide personal accident insurance for students.

Parents and guardians are responsible for paying the cost of medical treatment for injured students, including any transport costs.

Student accident insurance policies are available from some commercial insurers. These cover a range of medical expenses not covered by Medicare or private health insurance.

Updating Medical Information

It is important for families to consider any changed medical needs of their children and ensure that we have up to date records regarding asthma, anaphylaxis, allergies or any other conditions that may impact on the children at school. Please contact your child's teacher or Janine in the office to discuss these or any other related medical notifications.

Kind regards

Belinda Jones

Principal

jones.belinda.j@edumail.vic.gov.au

First Parent Association Meeting for 2015

Thursday, 26th February at 3.45pm in the Function Room

Function Room. Afternoon Tea provided.

All parents welcome.

LEUKAEMIA FOUNDATION SHAVE FOR A CURE

One of our very brave parents, ANGELA HAYES, is having her head shaved for this very wonderful cause and is hoping to raise some funds for the



LEUKAEMIA FOUNDATION.

If you would be willing to sponsor Angela you can place your donation in the box provided at the front office OR go online to:

Leukaemia Foundation.org.au/angelahayes OR go to her facebook page.

Donations in cash over \$10.00 can be claimed on tax ...just leave your details at the office for a receipt. Donations made on-line will be issued with an receipt via email.

Before and after photos of Angela will be posted on her facebook page.

THANK YOU FOR YOUR SUPPORT.

PLEASE TAKE THE TIME TO DONATE TO THIS VERY WORTHY CAUSE.

Please be advised—students left at the office after 3.45 pm on will be sent to OSHClub and parents charges accordingly.

You must enrol via their website - www.oshclub.com.au

- EXCURSION LEVIES were due last Friday. If you have not yet paid please pop into the Office to make your payment
- Please find attached the Albany Rise NO DOGS ALLOWED Policy.



Parent Association Meeting for 2015

Function Room. Afternoon Tea provided.
All parents welcome

THURSDAY 26TH FEBRUARY @ 3.45PM

Students of the Weeks

Prep I	Ashley	Prep A	Stevan	Prep 1/R	Hayley
1/2 M	Puru	1/2 R	Amber	1/2 S	Erin
3/4 CM	Phutan, Hannah	3/4 T	Bree, Nikki		
4/5 H	Tyson, Meah	6 C	Eleni, Georgia		

CONGRATS TO YOU ALL!!!!

Waverley Gymnastics Centre GLEN WAVERLEY CAMPUS



WOULD YOUR CHILD LIKE TO
LEARN HANDSTANDS,
CARTWHEELS & SOMERSAULTS?
HERE'S THEIR CHANCE!

Gymnastics is not only a fantastic and fun sport in its own right; it also gives an exceptional base level of coordination, skill and confidence that assists children to achieve in all their other sports and life skills!

CALL 9887-9611 TO BOOK A TRIAL CLASS!

Waverley's Glen Waverley campus at Wesley College is an outstanding venue, with exceptional fully qualified coaches, offering fun and challenging gymnastics classes for primary school-aged children of all abilities! We also run daytime classes at our Mt Waverley venue for pre-school aged children.

Times: Monday & Tuesday afternoons, & Saturdays.

Address: 620 High Street Road, Glen Waverley (Melways Ref. 62 A12)

For more information, or to book a trial class, visit www.waverleygymnastics.org.au, or call 9887-9611



Brandon Park Soccer Club

Freeway Reserve,
Kernot Avenue, Mulgrave

Junior boys and junior girls required
Especially U12 & U14 boys U16 girls
Qualified and Experienced Coaches

All coaches have Working With Children Checks
For more information on Training days and times
ENQUIRIES; EMAIL mmartino007@hotmail.com

info@brandonparkfc.com.au

PHONE 0406015906



Parent Information: Introduction to BOUNCE BACK!

If you are resilient you are able to cope reasonably well with difficult situations and things that go wrong and then 'bounce back'. Throughout life children will need skills and attitudes to help them to bounce back. They will encounter everyday challenges such as making mistakes, falling out with a friend, moving house or school and losing in a sports competition. Many will also face challenges such as adapting to family breakdowns, a step-family, the illness or death of a family member, or being bullied.

The BOUNCE BACK! Wellbeing and Resilience program teaches children the skills and attitudes to help them become more resilient. It uses literature as a starting point for discussions and follow-up activities. These ten coping statements are a core part of the program.

BOUNCE BACK! stands for:

Bad times don't last. Things always get better. Stay optimistic.

Other people can help if you talk to them. Get a reality check.

Unhelpful thinking makes you feel more upset. Think again.

Nobody is perfect—not you and not others.

Concentrate on the positives (no matter how small) and use laughter.

Everybody experiences sadness, failure, rejection and setbacks sometimes, not just you. They are a normal part of life. Try not to personalise them.

Blame fairly. How much of what happened was due to you, to others and to bad luck or circumstances?

Accept what can't be changed (but try to change what you can change first).

Catastrophising exaggerates your worries. Don't believe the worst possible picture.

Keep things in perspective. It's only part of your life.

The program can help your child to get better at:

- ⊙ Using helpful thinking when faced with a problem or a difficult situation
- ⊙ Thinking more optimistically, i.e. expecting bad times to get better
- ⊙ Understanding that everyone has setbacks and difficulties, not just them
- ⊙ Talking to people they trust so they get a reality check on their thinking
- ⊙ Being brave and facing their fears
- ⊙ Managing strong emotions and turning a bad mood into a good mood
- ⊙ Getting along with others and cooperating
- ⊙ Setting goals, being resourceful and not easily giving up
- ⊙ Being kind, fair, honest, friendly, responsible, and accepting of differences
- ⊙ Respecting other people and not bullying others.

You can help your child get the best out of their involvement with Bounce Back! if you reinforce the key messages they are learning.

NOTICES TO BE RETURNED TO SCHOOL

Dear Parents,

Please return the following forms to school ASAP:

- Standard Permission Form
- Student Information Details form (even if there are no changes)
- Special Religious Instruction Form

It is very important that these forms are returned to the office or classroom in order to keep our records up to date.

Thank you

Janine

HANDYMAN CORNER

Hello Parents,

Every now and then we have small repair jobs that just need a little tinker or a little tweek but don't really require a tradie SOOOOOOOO....

We are hoping that there is someone out there who could volunteer to help us out every now and then with our small jobs.

Please just call or drop into the office to leave your name and number or to have a chat about this.

The job list at the moment is:

- Repair drying racks in Art Room





Albany Rise Primary School
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Albany Drive, Mulgrave. VIC. 3170

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F: 03 9547 8848
E: albany.rise.ps@edumail.vic.gov.au
W: www.albanyrise-ps.vic.edu.au

19th February 2015

RE: SCHOOL COUNCIL ELECTION OUTCOMES FOR 2015

Dear Parents,

I am writing to inform you concerning the School Council arrangements at Albany Rise Primary School for 2015.

At the close of nominations, 4:00pm on Monday 16th February, I had received the following:

Nominations for Parent Member category – (four vacancies)

- Julie Black
- Karen Chernishov
- Ben Rowe
- Mark Harding

Nominations for the Department of Education and Training (DET) Employee Member category – (two vacancies)

- Judy Drew
- Nicole Lee

As the nominations equalled the vacancies, I am now in a position to declare Julie Black, Karen Chernishov, Ben Rowe and Mark Harding elected to the Parent Member category of the Albany Rise Primary School Council. Similarly, I declare Judy Drew and Nicole Lee elected to the DET Member category of our School Council.

I would like to sincerely thank these people for putting themselves forward and assisting in the governance and leadership of our school and its community.

These Councillors will meet, together with returning Councillors on March 11th to elect Office Bearers for 2015.

Yours sincerely,

Belinda Jones
Principal



ALBANY RISE PRIMARY SCHOOL

DOGS ON SCHOOL POLICY

RATIFIED BY SCHOOL COUNCIL: 18th September 2013 REVIEW DATE: 2016

ARPS POLICY

PURPOSE:

- To ensure the health, safety and welfare of all persons and dogs
- To ensure dogs do not cause any harm or damage to School property
- To regulate the presence and management of dogs on School premises and in areas where School activities are being undertaken. 'School premises' include all areas, buildings and facilities which are accessible by students, staff and /or members of the public. It does not include private residences owned by the School.

GUIDELINES:

1. Dogs are prohibited on the School premises between 8.30 am and 4.00pm and must not inhibit access to the school. (This does not apply to guide assistance dogs)
2. Due to their unpredictable nature, the reaction of some students to dogs and various Occupational Health and Safety issues, dogs may not be brought by visitors, staff or students to the School unless deemed appropriate by Principal or delegate e.g. Pet Days.
3. Any dogs that are brought on to School premises with permission from Principal or delegate must, at all times, be on a leash, effectively controlled and not permitted to independently wander or roam.
4. The owners or carers of any dogs on School premises must also comply with all relevant local Council regulations and the provisions under the Domestic (Feral and Nuisance) Animals Act 1994 and the Domestic Animals Amendment (**Dangerous Dogs**) Act 2011. Dog owners are required to clean up after their dogs and to remove the refuse from School Grounds for disposal.
5. Signage will reflect this policy.

Principal _____

School Council President _____

Date ratified by School Council:

To be reviewed: 2016

Numeracy News

Mathletics

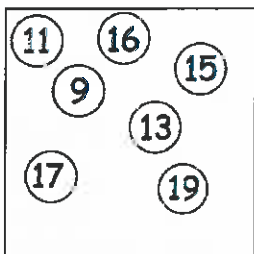
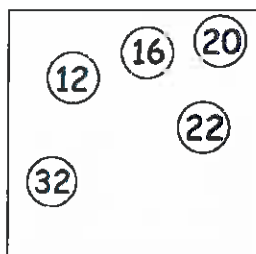
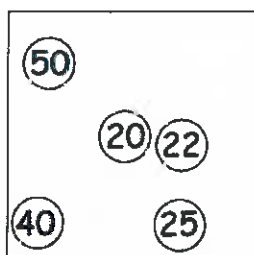
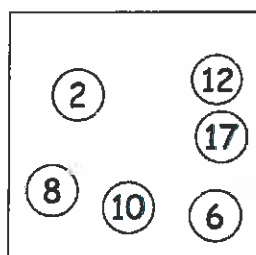
All students at Albany Rise Primary School should now have their personal Mathletics password for 2015 to access this great resource online. Many teachers are beginning to allocate specific tasks for individual students linked to the curriculum for use at home and school. Students in some classes are being encouraged to keep a copy of their password in their school diary.

Website and further information: <http://www.mathletics.com.au>

Can you solve these puzzles?

Which one is different?

In each square one number is different. Color that number.



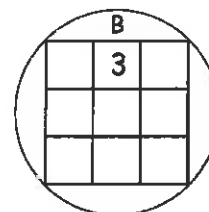
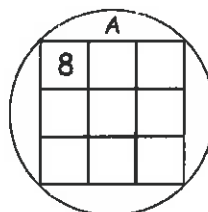
A Maths Dictionary online

This is a fantastic website to find out anything to do with maths learning, particularly those 'tricky' terms used in maths classes:

<http://www.amathsdictionaryforkids.com/>

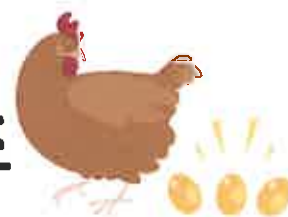
Magic squares!

Fill in the numbers 1 to 9, so that every row, column and diagonal adds up to 15. You can use each number only once!



More printable maths puzzles can be found at: <http://www.mathinenglish.com/>

Hilton Hen House Latest:



Holiday Helpers

Thank you to the many families who have contributed to the 'feeding and checking' of our duck and chickens during the summer holidays and every weekend. The Hilton Hen House occupants have certainly appreciated all our helper's efforts and are continuing to provide us with eggs for sale each day. A blank roster is available at the office for interested families to fill in available times over the next few weeks and in the holidays.

Policy Update:

Recently Reviewed Policies

Each month the Education subcommittee meets to review policies relating to school administration, curriculum and management. Last week school council approved the recently reviewed Anaphylaxis policy. Anaphylaxis is a potentially life threatening condition, often triggered by eggs, nuts and shellfish. Training for staff in managing and responding to Anaphylaxis is an important aspect of the policy. Staff will be undertaking intensive training this term in both Anaphylaxis and First Aid. The Education subcommittee meets every month and parents are most welcome to take part in the meetings and discussions to develop school policy and curriculum management. Policies are available on the school website: <http://www.albanyrise-ps.vic.edu.au>

Prep / Foundation 2016 Open Afternoon

Come see the Prep/ Foundation
classrooms at
Albany Rise Primary School

Let your child explore what they will be
doing next year in Prep!

Tuesday 3rd of March: 4:30-5:30pm

Thursday 5th of March: 4:30-5:30pm



Teachers will be available to answer all your questions.

Cultural Diversity Week

14th – 22nd March



Tuesday – 17th March
Murrundindi visit

Be entertained by Murrundindi (an Aboriginal elder) and learn about indigenous culture

Thursday – 19th March
Multicultural Day

- **Art/cultural activities**
- **Special lunch available**
- **Come dressed in the National costume of another country or wear the colours of another country**